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Pizzi Biography

Dr. David Pizzi, a member of the **Buffalo Spine and Sports Medicine's (BSSM)** chiropractic team, specializes in treating musculoskeletal imbalances and repairing soft tissue dysfunctions that have resulted from injuries or repetitive joint motion. In addition to traditional chiropractic care, Dr. Pizzi utilizes Active Release Techniques (ART®), Graston Techniques®, and orthopedic care of extremities to treat patients who suffer with acute or chronic pain.

ART® is a hands-on approach that combines traditional manipulation of the spine with a patient's motion of specific joints during treatment. Graston® is an instrument-based treatment that breaks down scar tissue and fascial restrictions to effectively mobilize soft tissue and joints. Both ART® and Graston® are very effective techniques in restoring strength, flexibility, movement, and function in the body through the treatment of soft tissue structures that have become bound up, shortened, or restricted by adhesions or scar tissue.

Early in his practice, Dr. Pizzi recognized the benefit of treating patients beyond the spine. He attended the National University of Health Sciences for post-graduate work in Orthopedic Health. While chiropractic care traditionally involves – and can be limited to – manipulation of the vertebral column, Dr. Pizzi's care also addresses dysfunctions in the extremities. Dr. Pizzi's treatment of musculoskeletal disorders that affect the whole body is an option that often gives patients better outcomes in overall chiropractic treatment.

Dr. Pizzi's techniques serve as an important part of our patients' customized rehabilitation plans. Under his care, soft tissue repair can improve the functionality of the nervous and circulatory systems that surround the inflicted areas. This gives patient more options during their recovery and helps them manage pain.

Dr. Pizzi was born and raised in Niagara Falls, Canada. He obtained his Doctorate of Chiropractic Degree from Cleveland Chiropractic College in Los Angeles, California. Shortly after graduation, Dr. Pizzi accepted a position in Hartford, Connecticut working in a multidisciplinary clinic treating many traumatically injured patients. In 2008, he moved to Western New York and began working with BSSM. Dr. Pizzi and his family reside in Western New York.